

2011 - 2012



**INDOOR SOCCER
MICRO HANDBOOK**



Welcome to ...

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Office Information

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 Ph: (519) 896-8947 • Fax: (519) 896-8959
 Email: office@kitchenersoccerclub.com
 Website: kitchenersoccerclub.com

Office Hours
 Mon., Tues., Thurs. & Friday • 9am-5pm
 Wednesday • 9am-5pm
 Sat. & Sun. • closed

All regular season schedules, Soccerfest schedules, picture day information, field maps, and other relevant information will be posted on our website within your child's age division or on the bulletins section.

2012 Outdoor Season

Mass Registration

When: Saturday, February 4th & Sunday, February 5th

Where: 1111 Homer Watson Blvd.

Time: Saturday 10:00am – 4:00pm

Sunday 10:00am - 2:00pm

Who's Eligible: Children born between 2009 - 1994

The program outline will be available in January on our website.

Please register early to avoid disappointment!

KITCHENERSOCCER CLUB



Important Dates

Start of Programs:

- Junior → week of October 17th -21st
- Mini → Saturday, Oct. 22nd or Sunday, Oct. 23rd
- Micro → Saturday, Oct. 22nd or Sunday, Oct. 23rd
- Toddler → Saturday, Oct. 22nd or Sunday, Oct. 23rd

Christmas Holidays (**no programs**): Dec. 19th - Jan. 1st

Outdoor Mass Registration (**no programs**): Feb. 4th & Feb. 5th

Micro Soccerfest → Sat., March 3rd or Sun., March 4th

Mini Soccerfest → Sat., March 3rd or Sun., March 4th

Junior Playoffs → begin the week of February 13th - 17th (6 & 8 team divisions)
begin the week of February 20th - 24th (4 team divisions)

Indoor Photo Days

Photos for all Kitchener Soccer Club participants (coaches and players) will take place in the lounge at Budd Park on the following days:

Saturday, January 14th, 2011 from 10:00am - 4:00pm

OR

Sunday, January 22nd, 2011 from 10:00am - 4:00pm

Friendly Reminders:

- When you are getting your child's picture taken, please confirm the spelling of your child's first and last name and your team name with the photographer. If time permits, the photographer will also show you a picture of your child once it has been taken to ensure you get the picture you desire.
- Make sure your child is wearing their soccer jersey.
- If you encounter photo problems or concerns, please contact our photo distributors - Foto Now - directly through their toll-free number: 1-866-368-6669.

**** Please note: A photo retake day will *NOT* be offered this indoor season so please make yourself available January 14th or 22nd! ****



2012 REP TEAM TRY-OUT

Saturday, September 24th & Sunday, September 25th

AND

Saturday, October 1st & Sunday, October 2nd

All try-outs will take place at Budd Park on fields 1 - 4

More information, such as try-out schedule and try-out forms will be available on our website, kitchenersoccerclub.com, by Sept. 1st.



At the Beginning.....

Coaches will receive their rosters and equipment on September 27th or October 5th during our coach's clinics. All coaches have until Friday, October 14th to contact their team members. If you do not receive a phone call by Friday, October 14th from your coach, please call or e-mail the office (office@kitchenersoccerclub.com) and we will provide you with an update.

During the first phone conversation with your new coach, please collect and record all necessary contact information. Write down the team name, coach's name, and coach's e-mail address &/or phone number. This will be very important for future interaction.

At the beginning of the season you will receive the following from your coach: A team jersey and a copy of the schedule. Additionally, you can find your schedule posted on our website - www.kitchenersoccerclub.com.

Program Information

- ⚽ Please arrive at the field approximately 15 minutes prior to each game so athletes are ready, and can enter the field on time. Teams waiting to enter the playing area should be ready to start training right away.
- ⚽ Sessions will begin on the hour (or half hour for the toddler program), regardless of preparedness. If your team is scheduled to start at 9:00am, warm-up time will commence at 9:00am sharp. Finally, the game will end at 9:50am regardless of when you began.
- ⚽ All players will receive equal playing time and, throughout the season, have the opportunity to play various positions on the field. Beginning at the U 5/6 age division, all athletes will be encouraged to try the position of goal keeper.

Uniform/Equipment Information

- ⚽ The Kitchener Soccer Club includes a soccer jersey as part of the registration fee for indoor soccer. Uniform sizes are based on sizing feedback from previous seasons and, unfortunately, we cannot predict exact sizes of each and every registrant; thus, jerseys may be slightly off in size. Although uniforms are distributed based on a child's stature, shirts may not fit perfectly..
- ⚽ Participants are encouraged to wear flat bottomed-shoes (indoor shoes, turf shoes or running shoes), soccer socks and shin guards. Shin guards are a required component for all soccer players in the interest of their safety
- ⚽ Shorts (Admiral) and socks may be purchased during business hours at the KSC office for a price of \$10.00 & \$5.00, respectively.

**** No outdoor soccer cleats are permitted on the indoor surface ****



MICRO SOCCER RULES

The goal of the micro program is for children to have fun playing soccer! The intention is to introduce children to the game in a friendly, non-competitive environment, so they will want to learn more about the sport, seek further skill development, and continue playing for years to come! Enhancing gross motor skills through jumping, skipping, bounding, hopping etc will be a primary focus of the program. No statistics will be recorded in this division.

Game Format:

Each session is 1 hour in duration consisting of a 20 minute warm-up/skill development session followed by a 32 minute game. This will allow 3 minutes between the warm-up and game for a team cheer and also allows 5 minutes at the end of each session for field transition.

At the micro level, the indoor pitch will be divided in half and games will be played across the width of the field. Micro field #1 is nearest the entrance/KSC office, whereas micro field #2 is closest to the score clock.

Number of Players on the Field:

Under 4 Co-Ed Division: teams have 10 players in total, with 5 players on the field at any one time and *no* goalie.

Under 5/6 Co-Ed Division: teams have 12 players in total, with 6 players on the field at any one time, 1 of whom shall be the goal keeper.

It is recommended that all players take turns serving as the goalie.

A game shall not commence or continue if either team has less than 4 players on the field.

Equipment:

Each player will receive an Admiral soccer jersey. It is recommended participants wear either indoor soccer shoes or running shoes, (no outdoor cleats), shorts and soccer socks. Shin pads are mandatory for all players.

Micro participants will play with size 3 soccer balls, and use 4ft x 5ft nets.

Substitutions:

An unlimited number of substitutions are allowed during the game. A buzzer will sound every 4 minutes signalling to coaches that player changes are to take place.

Other Rules:

- A maximum of 2 adults from each team (one coach plus an assistant coach or parent) are allowed on the field during play. They will act as referees and coaches for all players.
- No scores are recorded in the micro division.
- There is no offside in indoor soccer.
- Spectators must be on the opposite side of the field from the player's bench.
- Spitting on the field or bench is not permitted and will not be tolerated.
- Water and sports drinks (e.g. Gatorade) only are allowed on the team bench. Food and hot beverages are not permitted on the field.
- Smoking is not permitted anywhere inside the building.

KSC will abide by all other OSA, CSA and FIFA Guidelines and Rules of the Game.

Parent/Guardian Code of Conduct

KSC expects the following from a parent or guardian:

1. Make sure your child approaches each practice or game with a willingness to learn and a desire to give maximum effort.
2. Teach your child (by example) to respect the coach, the assistant coach, teammates, opponents and game officials.
3. Make sure your child is on time for every game/practice. If your child is unable to attend a game or practice, as a courtesy, please e-mail or call the coach in advance.
4. Never criticize or complain about a coach when your child or other children can hear what you are saying. If you have a complaint or comment to make, ask to speak to the coach privately. If the issue persists after speaking with the coach, please contact the league convenor.
5. Only the coach and assistant coach are permitted to instruct or direct players during a game or practice.
6. Parents and spectators must be on the opposite side of the field from each team.
7. It is strongly recommended that parents attend every game and practice to support the efforts of their child. If you are unable to attend your child's game, make arrangements for your child to be picked up immediately after the session. Coaches are *not* responsible for your child after a game or practice.
8. Parents are responsible for ensuring their son/daughter arrives at all games with the proper equipment including jersey, shin guards and proper shoes. Parents should also clearly mark all of their child's equipment.
9. Parents **MUST** respect the decisions of the game officials. Most of the referees are young and developing their skills in the art of officiating. Parents should encourage game officials to improve and not criticize them for their mistakes.

By signing the bottom of the registration form at the time of registration, or by registering your child online, you have agreed to follow the guidelines set out above.

Player's Code of Conduct

1. I will participate because I want to, not because my parents or coaches want me to.
2. I will play by the rules, and show good sportsmanship.
3. I will control my temper both on and around the soccer pitch.
4. I will respect my teammates, opponents, officials and coaches.
5. I will do my best to be a true team player.
6. I will remember that winning isn't everything – having fun, improving my skills, making friends and doing my best are important.
7. I will acknowledge all good performances.
8. I will remember that coaches and officials are there to help me. I will respect their decisions and show them respect.

Frequently Asked Questions

Refunds

All refund requests are to be made in writing by completing a refund request form and submitting this document to the KSC office along with your copy of the receipt. **All** refunds granted will be subject to a **\$20.00** administration fee, regardless of submission date.

Full Refund – will be granted *before* October 3rd, 2011.

50% Refund - will be granted *starting* on October 3rd, 2011.

NO REFUNDS – will be granted after the start of the season. If there are medical conditions or extenuating circumstance, partial credits may be granted on a case by case basis. Upon submitting a refund request form, paperwork is reviewed and if approved, a cheque will be generated for reimbursement. Completion of this process takes roughly 3 weeks.

Requests

Immediate family members within the same age bracket and gender category will be placed on the same team. In addition, sponsors may request one child per team. Coach and child will be placed on the same team when specified on the volunteer application, unless otherwise noted. All other player requests will be reviewed on a case by case basis, but are NOT guaranteed.

Changing Teams

Once team rosters are established, individual team change requests **cannot** be ensured. During the first 2 weeks of programming, KSC reserves the right to make roster changes to foster a fair and even playing field within divisions; however, individuals cannot request to change teams without extenuating circumstances.

Changing teams without the consent or approval from KSC may result in dismissal from the program without reimbursement.

Weather Cancellations

During the winter months there may be times the building closes due to inclement weather.

There are 3 ways in which to find out if Budd Park is closed due to poor winter weather. They include:

- 🌐 Check the website: www.kitchenersoccerclub.com. Closures will be posted directly on the homepage.
- 🌐 Check the city of Kitchener website: www.kitchener.ca under 'Public Notices'.
- 🌐 Call or e-mail your coach - he/she will likely know of cancellations.

****Unfortunately, sessions lost due to field closures will not be re-scheduled****



What's New at KSC?

- ⚽ After debuting with great success last January, the larger size Toddler and Micro nets are back! These larger nets, approximately 5ft x 4ft, will replace Pugg nets that were used in past years. The larger nets allow for easier scoring chances and confidence building. Larger nets will be used for Toddler, Under 4 and Under 5/6 divisions.
- ⚽ For the 3rd year in a row at the Kitchener Soccer Club, we will be offering a Toddler program for three-year-olds! Session 1 will commence on Saturday, October 22nd or Sunday, October 23rd, and is available to all children, boys and girls, born in 2008. This informal, lightly-structured, introduction to the game of soccer will consist of 8 weeks of play. Each session will be 30 minutes in duration and consist of 10 minutes of organized warm-up followed by a 10 minute informal scrimmage.
- ⚽ For the 2nd time in Kitchener Soccer Club history, we will be offering a Session 2 Toddler program! Session 2 will be identical in format and structure to Session 1, and will begin on Saturday, January 7th or Sunday, January 8th. The difference between Session 1 and Session 2, is our Session 2 program will be available to those children born in 2009.
- ⚽ We are happy to announce the debut of our newsletter! This monthly publication will provide the reader with information regarding everything from scheduling to facilities; past results to up-coming events; volunteer opportunities to registration details. Our news letter will give you the opportunity to become involved any way you can with our club!

5th Annual Christmas Food Drive

For the fifth season in a row, the Kitchener Soccer Club is pleased to announce it will be supporting a local community association in an effort to collect non-perishable food items for those in need of support during the winter months. We will be issuing a friendly competition between house league teams to see who can collect the most food for families in need.

In addition to serving your local community, the incentive to win includes a team pizza party!

Details of the food-drive are as follows:

- The food drive will begin on Monday, November 21st, 2011 & end on Friday, December 16th, 2011.
- Teams can drop off their non-perishable food items to the KSC office during office hours at any point in time during the drive.
- Please submit all food-items in a box of any size with the team name clearly labelled on the outside of the box.
- Items brought to the Club by each team will be recorded and posted on a bulletin board near the KSC office, then placed by our Christmas tree in the lounge.
- Although we will not be accepting cash donations, KSC encourages each team to use all monetary donations to purchase non-perishable food items.
- Every item ie. Can, bag, bottle, box, package, etc. brought to the Club will count as a point. The team with the most points on December 17th will win a team pizza party!
- Again, please ensure all food items are brought to the office by box. Boxes allow for safe and easy pick-up and delivery of all donations by members of the community association.

A Glimpse At Our Strategic Plan...

Our Mission Statement:

"BUILDING BETTER PEOPLE THROUGH SOCCER"

Our Mission – Why Do We Exist???

The Kitchener Soccer Club exists for a number of reasons, and although it is simple to assume the Club exists for kids and adults to play soccer, we believe that there is a deeper, more sustainable reason why the Kitchener Soccer Club exists. Through soccer we can have a positive impact on every player and help them not only to become better soccer players but help them become better people.

Values – What's Important to Us???

Development – We believe in developing players, coaches, referees, employees, and volunteers to become better people.

Leadership – We believe in making great things happen, making a difference, challenging status quo and being progressive. We lead by example and we respect one another under any circumstance. Great leaders empower others to be successful.

Success – Winning at all cost is not success. We never give up our dreams, and we always strive to make the place we are at better.

Performance – Winning is not everything, but it is something. We believe in making a commitment to our own development.

Golden Rule – We treat everyone with respect and integrity. We behave in a professional manner at all times, and we are accountable to deliver on our commitments, every time. We believe in transparency and accept responsibility for our mistakes.





Development Program

Does your young athlete in our U 7/8 age division have a passion for soccer?

Have they expressed interest in playing competitive?

If so, this may be the program for you!

- Come out and learn fundamental soccer skills from well recognized, highly experienced coaches.
- Topics include: dribbling, passing, receiving, cuts & turns, juggling, attacking, defending & shooting.
- Sessions are one hour in duration and will take place on Tuesday evenings.
- Cost = T.B.D.
- Please visit the Kitchener Soccer Club website in late September for additional details!



Volunteers Needed

The Kitchener Soccer Club is looking for volunteers in the following areas:

- House League Conveners
- House League Coaches
- House League Assistant Coaches
- Programming Committee Members

Here at the Kitchener Soccer Club, we assist high school students in obtaining the volunteer hours necessary to secure their high school diploma.

If you are interested in helping out, please call the office at: (519) 896-8947 or
Email: programservices@kitchenersoccerclub.com

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Thank You!

To the following:

*KSC Board of Directors
KSC Programming Committee
House League Coaches and Conveners
All Star Coaches and Managers
Kitchener Spirit Rep Coaches and Managers
Coaches Selection Committee Members
Program Committee Members*

*For a successful 2011 outdoor season.
We could not have done it without you!*

Kitchener Soccer Club Staff